



SWISS BIOHEALTH VITAL PRODUCTS



SWISS  BIOHEALTH
VITAL

SDS SWISS DENTAL
SOLUTIONS®

SWISS BIOHEALTH VITAL quality

In recent years, THE SWISS BIOHEALTH CONCEPT has demonstrated, not only in the Swiss Dental Solutions operated SWISS BIOHEALTH CLINIC and also in many other clinics who are utilizing the concept, that an optimally functioning immune system plays a decisive role in maintaining and restoring a normal state of health. An intact immune system can often lead to much faster and better treatment results including in cases of minor and major surgical procedures and in the treatment of serious illnesses.

Together with Dr. Dietrich Klinghardt and Dr. Dominik Nischwitz, Dr. Ulrich Volz developed SWISS BIOHEALTH VITAL food supplements - invariably with the objective of achieving maximal treatment success and improving overall patient health.

We place particular emphasis on offering only the best quality dietary supplements, specifically when selecting the primary ingredients. Our philosophy is premium quality for everyone - and no compromises!

Quality is so important because, unlike medicines, food supplements are not subject to strict regulations and laws. We have set ourselves to the highest standard to which we adhere to for all SWISS BIOHEALTH VITAL PRODUCTS.

All our products are of premium quality and free of any harmful ingredients. The following ingredients are excluded from our products:

- Artificial colors and flavours
- Harmful preservatives
- Gluten
- Lactose
- Harmful microorganisms, toxins and contaminants

Virtually all SWISS BIOHEALTH VITAL PRODUCTS are free of animal additives, as these may negatively impact on their quality. Even the capsule casings are tested for harmful substances. A high bioavailability is a feature of all our dietary supplements. This means that your body can easily absorb them. Nutrients reach the places in the body where they are most needed!



BASIC IMMUNE and DAILY USE

As a general rule, dietary supplements are not capable of taking into account the problem associated with vitamin and mineral antagonists (these can inhibit or even block the absorption of active substances).

BASIC IMMUNE and DAILY USE solve the problem by separating substances that inhibit each other. Substances that enhance each other's potency, when taken at the same time, are combined. This advanced production process facilitates a physical separation and controlled dispersion in the body to ensure gentle and optimal results.

Scientific studies prove that people who are under permanent pressure and stress or suffer from complaints such as: digestive and / or erectile dysfunction, may have a weakened immune system.

Fatigue and imbalance are signs of a weakened immune system. To regain strength and energy we recommend you start taking BASIC IMMUNE on a daily basis to replenish your reserves as quickly as possible. DAILY USE will then help to maintain a healthier vitamin and mineral balance.



BASIC IMMUNE and DAILY USE

BASIC IMMUNE

is a concentrated product that comes as a monthly package to be taken in the morning (Energy) and in the evening (Relax) in order to meet the increased vitamin and nutrient requirements efficiently and quickly. Its ingredients are divided amongst two separate formulations that adapt perfectly to your daily needs. Ingredients (such as vitamin D3 and vitamin C) that increase the body's energy levels are included in the morning formula, while ingredients that help the body relax (such as magnesium) are pre-sorted in the evening formula.

DAILY USE

is based on BASIC IMMUNE and includes the same concept of morning and evening doses. It has been developed to be taken for extended periods of time for sustaining the excellent supply levels achieved with BASIC IMMUNE.



BASIC IMMUNE - ENERGY (morning)	
Suggested recommended daily intake:	
Micronutrient	per day
Vitamin C (ascorbic acid)	2.000 mg
L-Arginine	1.500 mg
Vitamin E (tocotrienol)	200 mg
Coenzyme Q10	100 mg
Vitamin B2 (riboflavin)	50 mg
Folic Acid (methylfolate)	2.500 µg
Vitamin A (retinol)	2.400 µg
Vitamin B12 (methylcobalamin)	2.000 µg
Selenium (selenomethionine)	600 µg
Vitamin D3 (cholecalciferol)	500 µg
Vitamin K2 (menaquinone-7)	200 µg
Bromelain	1100 GDU*

BASIC IMMUNE - RELAX (evening)	
Suggested recommended daily intake:	
Micronutrient	per day
L-Arginine	2.500 mg
L-Lysin	2.000 mg
Alpha Lipoic Acid	600 mg
Magnesium (magnesium citrate)	474 mg
Zinc (zinc citrate)	56 mg
Vitamin B6 (pyridoxal 5-phosphate)	30 mg
Manganese (manganese sulfate)	6 mg

DAILY USE - MORNING	
Suggested recommended daily intake:	
Micronutrient	per day
Vitamin C (ascorbic acid)	1.000 mg
Coenzyme Q10	100 mg
Vitamin B2 (riboflavin)	12 mg
Folic Acid (methylfolate)	1.000 µg
Vitamin A (retinol)	1.200 µg
Vitamin B12 (methylcobalamin)	450 µg
Vitamin D3 (cholecalciferol)	250 µg
Vitamin K2 (menaquinone-7)	100 µg

DAILY USE - EVENING	
Suggested recommended daily intake:	
Micronutrient	per day
L-Arginine	1.000 mg
Magnesium (magnesium citrate)	180 mg
Vitamin E (tocotrienol)	100 mg
Zinc (zinc citrate)	15 mg
Vitamin B6 (pyridoxal 5-phosphate)	10 mg

* G.D.U. = Gelatin Digesting Unit

SWISS BIOHEALTH VITAL, supz inside

supz inside - powered by supz Nutrition

SWISS BIOHEALTH VITAL products "supz inside" are manufactured by Supz Nutrition and were developed by a team of experts led by Dr. Dominik Nischwitz. "supz inside" stands for premium quality and outstanding bioavailability. Particular importance is attached to the fact that no harmful preservatives, binding agents, release agents or anti-caking agents are used. The products are also free of artificial colors and flavorings, and do not contain lactose or gluten.

The SWISS BIOHEALTH VITAL, supz inside series offers you versatile ways to put together your own individual dietary supplement. These products allow you to precisely and selectively improve your immune system deficiencies.



D3 SUPREME, VITAMIN D3

A liquid formulation of commonly used vitamins and supplements allow users to customize their dosage. For this reason our premium vitamin D3 oil comes in a liquid form, making it a perfect complement to our supplement line. Our Vitamin D3 oil is delivered in sunflower oil, which is free of trans fats. Our formulation also does not contain any soy or peanut byproducts. Each drop contains 1000 units of vitamin D.



MK-7, Vitamin K2

Our vegan Vitamin K2 comes in its active all-trans form Mk-7. The raw material we use is suitable for vegans and derived from naturally processed non-GMO soy. The unique formulation of our Vitamin K2 capsules is scientifically proven to provide the highest possible bioavailability.



SWISS BIOHEALTH VITAL, supz inside

Multi Supreme

Our unique Multi Supreme is a cutting-edge multivitamin formula for daily use. It is manufactured in Germany and all ingredients have been selected with great care. This product contains the vitamins A, B, C, D, E, K with the full spectrum of B-vitamins in their bioactive form. This ensures a high bioavailability. Even the folate comes in its natural bioactive form (5-MTHF). This product already contains the combination of vitamin D3 and K2. The K2 comes in the special all-trans form Mk-7 (Menaquinone-7). We also included the mitochondrial complex which consists of carnitine and Q10 and the trace minerals zinc, magnesium, selenium, manganese and molybdenum. The calcium in our Multi Supreme is derived from ocean coral.



Bone & Teeth Supreme

The Bone & Teeth Formula is a unique product based on the latest scientific research. It is manufactured in Germany and all ingredients have been selected with great care.

This product contains the vitamins B6 and B12 as well as folate (5-MTHF) in their bioactive form. The combination of vitamin D3 and K2 is already built into this formula. For Vitamin K2 we use the special all-trans form Mk-7 (Menaquinone-7).

Our Bone & Teeth Supreme contains the trace minerals boron, manganese, molybdenum, as well as, zinc and magnesium.



Ester-C® Supreme, Vitamin C

Many Vitamin-C supplements are delivered as ascorbic acid. The acidity of these supplements may have deleterious consequences on both the lining of the digestive system and tooth enamel. Our Ester-C Supreme capsules are suitable for vegans and a buffered alternative that is easy on your gut and teeth while still maintaining high bioavailability. Ester-C has a specifically high bioavailability and allows you to manage your nutritional health without compromises.



SWISS BIOHEALTH VITAL, supz inside

Mag Supreme, Magnesium citrate

Our magnesium citrate capsules are suitable for vegans and contain magnesium in its organic form, magnesium citrate. This ensures a high bioavailability because the body can easily absorb the organic form. Our magnesium citrate is standardized to contain approximately 15% magnesium content.



Zink Supreme, Citrate & Gluconate

Our vegan zinc capsules are a blend of 50% zinc gluconate and 50% zinc citrate. It therefore has a good bioavailability and is easily absorbed by the body. It fulfills all requirements for our Supz Nutrition Quality Standard and perfectly fits into our premium product line.



Bromelain Plus, Enzyme complex

The coating of our bromelain capsules is made from the natural byproduct gellan. Apart from bromelain, this supplement also contains many enzymes that are beneficial for the digestive system. Because of the gellan coating, our vegan bromelain capsules are resistant to stomach acid so that they don't get absorbed until they reach the small intestine. This ensures high bioavailability and the Bromelain and enzymes contained within them are delivered to the area in your body where they are needed most.



SWISS BIOHEALTH VITAL, supz inside

Omega 3 Supreme, Fish oil

The quality of fish oil are determined by the quality of fish that is used for production. We only use wild fish that are free from antibiotics and growth hormones, making our omega-3 fish oil of premium quality. Each capsule contains 90 mg EPA and 60 mg DHA. Vitamin E is added as a natural antioxidant to protect the fish oil from oxidation and ensure that it stays fresh.



Chlorella Vulgaris, Pellets

The chlorella alga is a superfood containing vitamin B12, folate and biotin. It is very important to ensure that chlorella pellets are free from contamination and other pollutants. Our chlorella pellets are suitable for vegans and made from 100% pure sea algae that undergo regular quality control and analysis in specialised laboratories making it the perfect addition to our premium product line.



Amino Supreme Performance

Our Amino Supreme Performance was developed in close collaboration with doctors and is based on the latest scientific research. It is produced in Germany and all its ingredients have been selected with great care. Unlike regular amino drinks, this product is a transparent supplement containing only vegan amino acids. Our Amino Supreme Performance contains not only BCAA's but also EAA's, taurine, glutamine, beta-alanine, tyrosine, creatine and ornithine aspartate. Another unique tweak of this formula is the added magnesium in the form of magnesium malate.



SWISS BIOHEALTH VITAL, supz inside

BioPro Supreme, Plant Protein

Our BioPro Supreme was developed in close collaboration with doctors and is based on scientific research. It is produced in Germany and all its ingredients have been selected with great care. BioPro Supreme is a vegan protein powder derived from raw brown rice. It contains a complete profile of amino acids. This product contains six selective probiotic cultures at a concentration of 2 billion bacteria per portion: *Lactobacillus acidophilus*, *Lactococcus lactis*, *Enterococcus faecium*, *Bifidobacterium bifidum*, *Lactobacillus casei*, *Lactobacillus salivarius*. Prebiotics are added in the form of psyllium husk, fructo-oligosaccharides and sunfiber. Another unique component of our protein-probiotic-complex is the extra portion of glutamine per dose.



Brain Supreme

For this product, we combined Traditional Chinese Medicine (TCM) with the latest knowledge in the field of micronutrient research. The East meets the West. Ancient wisdom meets modern science. Our Brain Supreme contains the full spectrum of B-vitamins and folate (5-MTHF) in their bioactive forms. This ensures a high bioavailability. It also contains a wide range of amino acids including creatine, phenylalanine and tyrosine (check the supplement facts for the complete list). This unique formula contains the herbal extracts of ginseng, ginger, jujube, liquorice root, ginkgo, cinnamon bark, myrrh, curcuma, *Polygonum cuspidatum* (resveratrol) and green tea. In addition it also contains Cordyceps in powder form.



Tooth Paste

SWISS BIOHEALTH VITAL offers preventative solutions using the power of nature. Active ingredient combinations from myrrh, sage, clove, green tea and olive leaf extract promote healthy teeth and oral flora. Natural cleaning agents gently remove plaque and tartar. Natural essential oils provide lasting fresh breath. Contains no synthetic preservatives, no artificial sweeteners, and instead contains Stevia (which slows down plaque formation and prevents tooth decay). pH between 7.9 and 8.1



Nutritional Supplements, Ki Science

Ki Science products were developed by a team of experts under the direction of Dr. Dietrich Klinghardt.

Broccoli Sprouts Powder

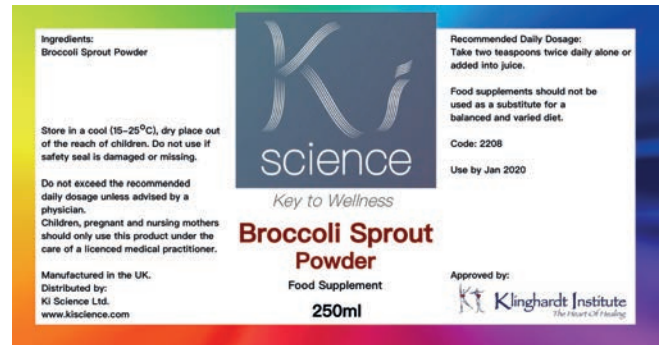
Recommended intake:

According to your doctor's recommendation or every day: two teaspoons twice a day in water or mixed with juice. Do not exceed this recommended daily intake. As a preventive measure for many diseases

Contents: 250ml

Ingredients: dried broccoli sprouts.

Of ultrapure quality, produced without any added chemicals.



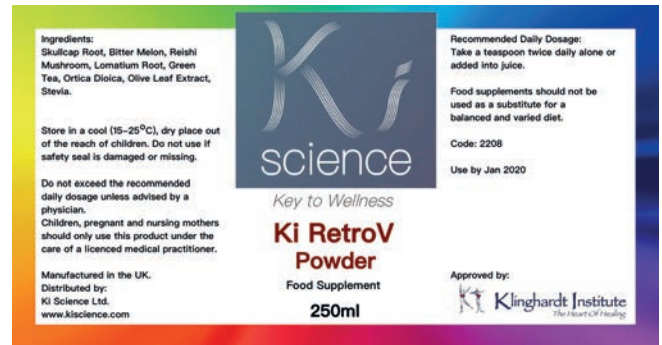
Ki RetroV Powder

Recommended intake:

According to your doctor's recommendation or every day: two teaspoons twice a day in water or mixed with juice. Do not exceed this recommended daily intake. Has an antimicrobial effect

Contents: 300ml

Ingredients: Skullcap root, bitter melon, Reishi mushroom, Lomatium root, green tea, Urtica dioica, olive leaf extract, Stevia



Renolo

Nutritional supplement - Herbal tincture

Recommended intake:

According to your doctor's recommendation or every day: 15 drops, 2-3 times per day. Do not exceed this recommended daily intake. Used to protect the kidney during heavy metal detoxification.

Contents: 50ml

Ingredients: Alio ortino, Equisetum, Ortica, Cistus, Ribes nigrum.



Coriandolo Plus

Nutritional supplement - Herbal tincture

Recommended intake:

According to your doctor's recommendation or every day: 15 drops, 2-3 times per day. Do not exceed this recommended daily intake. For heavy metal detoxification

Contents: 50ml

Ingredients: Water, alcohol, coriander, (Vitis vinifera, Alnus glutinosa, Populus nigra, Secale cereale, Pinus montana, Salix alba, Juniperus communis).



SWISS BIOHEALTH VITAL

Vitalmonitor® (mobile HRV monitor)

Used with a smartphone or tablet, the Vitalmonitor® is a small and easy-to-use HRV monitor that also measures stress levels, the rate of regeneration, as well as, biological age. This simple measuring device enables monitoring and documentation of biological age, stress levels and the rate of regeneration of our patients prior to and post-surgery, or before and after a therapy cycle. This allows us to collect objective proof that our biological or dental therapy supports the patient's system.



VIVOBASE HOME

The effectiveness of the VIVOBASE HOME is based on the generation of a special field that immunizes the body against electromagnetic radiation. The generated field is capable of aligning water molecules in living organisms and plants (orientation polarization). Water molecules are dipoles - due to their asymmetric structure. They exhibit a constant electrical dipole moment. Each molecule contains a negatively charged face (oxygen atom) and a positively charged face (both hydrogen atoms). The VIVOBASE HOME's unique field, which is electrically stronger than electromagnetic radiation, prevents water molecules from responding to high and low frequency electromagnetic radiation. As a result, the cells are able to absorb a sufficient amount of water again and the electromagnetic radiation is strongly attenuated. This means that humans, animals and plants can preserve their health despite being exposed to radiation in their environment.



VIVOBASE MOBILE

VIVOBASE MOBILE is easy to use and can be carried in your trouser pocket or handbag. It is equipped with a lithium-ion battery and can be charged via a mini-USB interface. The VIVOBASE MOBILE comes in various colors (pink, yellow, grey, black, blue and green).



VIVOBASE CAR

Improve the quality of your driving experience with VIVOBASE CAR. The device has an interface for operation with USB-USB or a cigarette lighter USB. It can be mounted on the dashboard with a bracket, but this is not absolutely necessary.



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